



VCU Institute for
Women's Health

The Health of Women 2020

June 25–28, 2020

Hilton Norfolk The Main | 100 East Main Street, Norfolk, Virginia

Register | vcu.cloud-cme.com/wh2020

Presented by the VCU Institute for Women's Health and VCU Health Continuing Education,
in collaboration with

**JOURNAL OF
Women's Health**

**Women's Health
Reports**





What you want in a women's health conference

- ✓ Clinically relevant interdisciplinary women's health topics
- ✓ Outstanding high-caliber faculty
- ✓ Evidence-based practical information
- ✓ Integrated networking time
- ✓ A fabulous waterside location

The Health of Women 2020 has it all and more!

The Health of Women 2020 is designed with you in mind. We know what you want in a women's health conference, and have put it all together for you in one exciting weekend, filled with engaging lectures, discussions, networking receptions, old friends, and new connections, in the heart of coastal Virginia. We've carefully crafted an agenda catering to the learning needs of primary care physicians, nurse practitioners, nurses, physician assistants, and other healthcare professionals focused on women's health in family practice, internal medicine, and obstetrics and gynecology.

Course Directors & Planning Committee



Chair | Susan G. Kornstein, MD
Professor of Psychiatry and Obstetrics and Gynecology
Executive Director, Institute for Women's Health
Virginia Commonwealth University
Editor-in-Chief, Journal of Women's Health



Co-Chair | Lisa Ellis, MD, MS, MACP
Associate Professor of Internal Medicine and
Obstetrics and Gynecology
Executive Director, Patient-Provider Experiences
Director of Clinical Services, Institute of Women's Health
Virginia Commonwealth University



Scientific Program Chair | Wendy S. Klein, MD, MACP
Associate Professor Emeritus of Internal Medicine and
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School of Medicine and Institute for Women's Health
Medical Director, Health Brigade
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Virginia Commonwealth University School of Nursing
Adult Health and Nursing Systems
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Patricia Selig, PhD, FNP-BC
Director, Center for Advanced Practice
VCU Health

Course Objectives

1. Describe recent advances in screening and treatment on a variety of topics related to women's health, including cardiovascular health, breast health, bone health, mental health, and reproductive health.
2. Explain current data that will facilitate the prevention, diagnosis, and management of disorders and diseases in women, including cardiovascular health, breast health, bone health, mental health, and reproductive health.
3. Identify evidence-based approaches to address the management of disorders in women, including cardiovascular health, breast health, bone health, mental health, and reproductive health.
4. Explain current evidence that will elucidate health disparities in the care of women, including maternal morbidity and mortality, obesity, and infectious diseases.

Register Now! vcu.cloud-cme.com/wh2020

Schedule | June 25–28, 2020

Thursday, June 25, 2020

PRE-CONFERENCE SYMPOSIUM | Menopause Management: Case Discussions with an Interprofessional Panel of Experts

Supported by an independent medical education grant from Pfizer.
Requires separate registration.

AFTERNOON

- 1:30 **Pre-Conference Symposium Registration**
2:00 **Welcome and Introduction**
2:05 **Challenges in Treating Menopause**
Lisa Phipps, PharmD, PhD
2:15 **Overview | Multidisciplinary Approach to Menopause Evaluation and Management**
JoAnn Pinkerton, MD
2:35 **Case 1 | Vasomotor Symptoms and Genitourinary Syndrome of Menopause**
Diane Todd Pace, PhD, APRN
Expert Panel Discussion and Interactive Round Tables
Break
3:10 **Case 2 | Cardiovascular and Bone Health**
Andrea Singer, MD
Expert Panel Discussion and Interactive Round Tables
Break
3:55 **Case 3 | Psychological and Sexual Health**
Sheryl Kingsberg, PhD
Expert Panel Discussion and Interactive Round Tables
4:40 **Action Plans & Wrap-Up**
5:00 **Adjourn**

6:30 – 8:30 pm | Welcome Reception Cruise

Join us aboard the Virginia Elite private yacht as we sail along the Elizabeth River and celebrate the start of The Health of Women 2020! You'll be treated to spectacular views of Norfolk, heavy hors d'oeuvres, and an open bar.

This intimate casual gathering is the perfect opportunity to relax, network with your peers, and meet many of our expert faculty members presenting at the conference.

A limited number of tickets are available for this activity.

Friday, June 26, 2020

MORNING

- 6:30 **Conference Registration & Exhibits Open**
7:00 **Continental Breakfast**
7:45 **Welcome and Announcements**
Susan G. Kornstein, MD
8:00 **STI Update: Breaking News**
Alison Marshall, RN, FNP
8:45 **2020 Update on Ischemic Heart Disease in Women**
C. Noel Bairey Merz, MD
9:30 **Management Strategies in Bone Health**
Andrea Singer, MD
10:15 **Break with Posters and Exhibitors**
10:45 **Common Dermatology Challenges in the Care of Hair and Nails**
Kimberly Salkey, MD
11:30 **Disparities in Maternal Morbidity & Mortality: Where Do We Stand?**
Susan Lanni, MD

AFTERNOON

- 12:15 **Lunch Symposium**
1:45 **Trudy Bush Lecture | Menopausal Hormone Therapy: Care Amid Controversy**
Jan Shifren, MD
2:30 **News You Can Use: Recent Studies That Have Changed My Practice**
Melissa McNeil, MD
3:15 **Break with Posters and Exhibitors**
3:45 **HIV Prevention in Women: From Pregnancy to PrEP**
Michelle Cespedes, MD
4:30 **Advances in the Care of Women with Migraine**
Jelena Pavlovic, MD
5:15 **Adjourn**

Saturday, June 27, 2020

MORNING

- 7:00 **Breakfast Symposium | Sex as Biologic Variable: What Does It Mean for Clinical Care?**
Judy Regensteiner, PhD
8:30 **What's Different in Women with Dementia?**
Lana Sargent, PhD, FNP
9:15 **Common Dilemmas in Urogynecology**
Kathie Hullfish, MD
10:00 **Break with Posters and Exhibitors**
10:30 **Pain Management in Women: From Prescription to Addiction**
Andrew Chapman, MD
11:15 **Diabetes in Women: Clinical Pearls**
David Lieb, MD

AFTERNOON

- 12:00 **Lunch Symposium**
1:30 **Vivian Pinn Women's Health Research Keynote | Perinatal Psychiatry: Lessons Learned Over Two Decades**
Lee Cohen, MD
2:15 **Obesity Across the Life Continuum of Women: Challenges and Opportunities**
Fatima Cody Stanford, MD
3:00 **Break with Posters and Exhibitors**
3:30 **A Practical Approach to LARCs**
Frances Casey, MD
4:15 **Breast Cancer Update**
Kandace McGuire, MD
5:15 **Adjourn**

5:30 – 7:30 pm | The Health of Women Awards Reception

The Health of Women 2020 is all about education, networking, and honoring excellence in the field of women's health. This year we will be honoring the three leaders in our field, noted below, at the Saturday evening Awards Reception, as well as announcing the winning abstract authors.

All are welcome to attend this complimentary event!

Lee Cohen, MD | Vivian Pinn Award for Research in Women's Health

Judy Regensteiner, PhD | Bernadine Healy Award for Visionary Leadership in Women's Health

Eliza Lo Chin, MD | Award for Public Policy & Advocacy in Women's Health

Sunday, June 28, 2020

MORNING

- 7:00 **Breakfast Symposium | Advocacy in Women's Health: Why It Matters**
Eliza Lo Chin, MD
8:30 **Cancer Screening Triad: Colon, Breast, Cervix**
David Johnson, MD; Kandace McGuire, MD; and Frances Casey, MD
9:30 **Vaginitis: Can You Make the Diagnosis?**
Alison Marshall, RN, FNP
10:15 **Break with Exhibitors**
10:45 **Diagnosis and Treatment Strategies in Fibromyalgia**
Huzaefah Syed, MD
11:30 **Eating Disorders: Which One and How Best to Treat**
Pamela Keel, PhD
12:15 **Environmental Toxins and Women's Health**
Kirtly Parker Jones, MD
12:45 **Adjourn**



Faculty

C. Noel Bairey Merz, MD, FACC, FAHA

Director, Barbra Streisand Women's Heart Center
Director, Preventive Cardiac Center
Director, Linda Joy Pollin Women's Heart Health Program
Director, Erika J. Glazer Women's Heart Research Initiative
Professor of Medicine
Cedars-Sinai Medical Center

Frances Casey, MD, MPH

Director of Ryan Program and Family Planning Services
Assistant Professor of Obstetrics and Gynecology
Department of Obstetrics and Gynecology
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Division of Infectious Disease
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Andrew Chapman, MD

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Eliza Lo Chin, MD, MPH

Executive Director
American Medical Women's Association

Lee Cohen, MD

Professor of Psychiatry
Director, Perinatal and Reproductive Psychiatry Clinical Research Program
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Kathie L. Hullfish, MD, FACOG

Professor, Departments OB/GYN and Urology
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Professor of Medicine
Chief, Division of Gastroenterology
Eastern Virginia Medical School

Kirtly Parker Jones, MD

Professor Emerita of Obstetrics and Gynecology
University of Utah School of Medicine

Pamela Keel, PhD

Professor of Psychology
Florida State University

Sheryl A. Kingsberg, PhD

Chief, Division of Behavioral Medicine
Department of OB/GYN
MacDonald Women's Hospital
University Hospitals Cleveland Medical Center
Professor, Departments of Reproductive Biology and Psychiatry
Case Western Reserve University School of Medicine

Susan Lanni, MD

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David C. Lieb, MD, FACE, FACP

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Alison Marshall, RN, MSN, FNP-C

Clinical Instructor, Connell School of Nursing
Boston College

Kandace McGuire, MD

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Chief, Section of Breast Surgery
Department of Surgery
Division of Surgical Oncology
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Melissa A. McNeil, MD, MPH, MACP

Professor of Medicine and Obstetrics, Gynecology, and Reproductive Sciences
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Director, Comprehensive Women's Health Program
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Diane Todd Pace, PhD, APRN, FNP-BC, NCMP, FAANP, FAAN

Professor, College of Nursing
University of Tennessee Health Science Center

Jelena Pavlovic, MD, PhD

Assistant Professor of Neurology
Albert Einstein College of Medicine
Montefiore Medical Center

Lisa B. Phipps, PharmD, PhD

Director of Research Development & Learning Innovation
VCU Institute for Women's Health
Education Coordinator, International Programme in Addiction Studies
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JoAnn V. Pinkerton, MD, NCMP

Professor of Obstetrics and Gynecology
Division Director of Midlife Health
University of Virginia Health System

Judy Regensteiner, PhD

Professor of Medicine
Judith and Joseph Wagner Chair of Women's Health Research
Director, Center for Women's Health Research
Director, Women in Medicine and Science
University of Colorado School of Medicine

Kimberly Salkey, MD

Associate Professor of Dermatology
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Lana Sargent, PhD, RN, FNP-C, GNP-BC

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Director, Bone Densitometry
Department of Obstetrics and Gynecology
MedStar Georgetown University Hospital

Fatima Cody Stanford, MD, MPH, MPA, FAAP, FACP, FTOS

Assistant Professor of Medicine and Pediatrics
Harvard Medical School
Massachusetts General Hospital

Huzaefah Syed, MD, MPH

Assistant Professor of Medicine
Division of Rheumatology, Allergy, and Immunology
Virginia Commonwealth University

Call for Abstracts

Accepted abstracts will be
published online in the
Journal of Women's Health.

vcu.cloud-cme.com/wh2020

Registration | Online at vcu.cloud-cme.com/wh2020

Registration Fees

Early Registration ends April 24, 2020 | Registration is non-refundable after June 5, 2020

Physician/PhD/Polymaker/Industry	\$625	Early Registration	\$575
Nurse/Allied Health Professional	\$525	Early Registration	\$475
Student/Intern/Resident	\$325	Early Registration	\$275
VCU Physician	\$575	Early Registration	\$525
VCU Nurse/Allied Health Professional	\$475	Early Registration	\$425
VCU Student/Intern/Resident	\$275	Early Registration	\$225
Printed Syllabus (<i>Free Digital Syllabus Available</i>)	\$60		
Welcome Reception Cruise (<i>Limited Availability</i>)	\$75		
Pre-Conference Symposium	\$50		

Cancellation Policy

Registration fee, less a 15% non-refundable administrative fee, will be refunded only if written notice of cancellation is received via email to ceinfo@vcuhealth.org **on or before June 5, 2020**. There will be no refunds after that date.

Lodging

Conference Hotel | Hilton Norfolk The Main 100 East Main Street, Norfolk, VA 23510

Rates | \$179.00 per night for standard rooms with single or double occupancy, plus prevailing taxes (currently 15%), plus \$2.00 per room per night occupancy tax. For triple and quadruple occupancy, there is a \$20.00 additional charge per adult per room per night, with maximum occupancy of four (4) persons per room. Discounted room rate is available three days prior to and three days following the conference (June 22 through July 1).

Reserve online | Reserve your room at <https://tinyurl.com/wh2020hotel>

Reserve by phone | Call 757-763-6200

Identify yourself as attending "The Health of Women 2020" to receive the reduced rate.

Hotel conference rate reservation cutoff | May 25, 2020

Accreditation and Educational Credit

Physicians

VCU Health Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

VCU Health Continuing Medical Education designates this live activity for a maximum of 20.75 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

VCU Health Continuing Medical Education awards 20.75 hours of participation (equivalent to **AMA PRA Category 1 Credits™**) to each non-physician participant who successfully completes this educational activity.

Nurses

This program will provide up to 20.75 contact hours which includes up to 9.2 pharmacotherapeutic contact hours. VCU Health is approved as a provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's (ANCC) Commission on Accreditation.

Disclosure Statement

In compliance with ACCME and ANCC standards, all planner and presenter relationships with commercial supporters have been resolved according to VCU's Policy on Conflict of Interest. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations in the activity evaluation.

Questions and Information

VCU Health Continuing Education | Box 980048 | Richmond, VA 23298
804.828.3640 or 800.413.2872 | ceinfo@vcuhealth.org

If special accommodations are needed, please contact us at the phone or email address above. VCU is an equal opportunity/affirmative action employer.

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, adjust credit hours, or cancel if necessary.

By attending this event you grant VCU Health CE the right at the event to record, film, photograph, or capture your likeness in any media and to distribute, broadcast, use, or otherwise disseminate, in perpetuity, such media without any further approval from or any payment to you.

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